



Class Schedule

Revised 2/16/18

740-549-FLIP (3547)
www.gymx-treme.com

7708 Green Meadows Dr., Suite A, Lewis Center, OH 43035

| CLASS | MON | TUE | WED | THU | FRI | SAT | SUN |
|--|--|--|--|---|-------------------|----------------------|--|
| Preschool (Boys & Girls) | | | | | | | |
| Parent Tot (40 min) 18-36 month olds (parent participation) | | 6:00-6:40 (Sarah) | 9:45-10:25 (Mike) | | | | 4:00-4:40 (Alex) |
| Tiny Tumbler (40 min) 3 yr olds | 4:30-5:10 (Caitlin C) | 2:00-2:40 (Lauran) 6:00-6:40 (Robyn) | 9:45-10:25 (Lauran) 5:15-5:55 (Robyn) | 10:15-10:55 (Mike) 4:30-5:10 (Avery) | | 9:00-9:40 (Karlie) | |
| Tiny Twister (40 min) 4 yr olds | 6:00-6:40 (Caitlin C) | 1:15-1:55 (Lauran) 4:30-5:10 (Sarah) 5:15-5:55 (Robyn) | 10:30-11:10 (Mike) 6:00-6:40 (Robyn) 6:45-7:25 (Sarah) | 9:30-10:10 (Mike) 5:15-5:55 (Avery) 6:00-6:40 (Tara) | | 9:45-10:25 (Karlie) | 4:45-5:25 (Alex) |
| Girls Recreational Gymnastics | | | | | | | |
| Rock n Roller (40 min) 5 & 6 yr olds (beginner) | 6:45-7:25 (Caitlin C) | 12:30-1:10 (Lauran) 5:15-5:55 (Sarah) | 4:30-5:10 (Robyn) 6:00-6:40 (Sarah) | 10:15-10:55 (Alexis) 5:15-5:55 (Tara) 6:45-7:25 (Tara) | | 10:30-11:10 (Karlie) | 4:45-5:25 (Amanda) 5:30-6:10 (Amanda) |
| Rising Star (40 min) 5 & 6 yr olds (intermediate) | 5:15-5:55 (Caitlin C) | 4:30-5:10 (Robyn) 6:45-7:25 (Sarah) | 4:30-5:10 (Sarah) 5:15-5:55 (Sarah) 6:45-7:25 (Robyn) | 9:30-10:10 (Alexis) 6:00-6:40 (Avery) 6:45-7:25 (Avery) | | 11:15-11:55 (Karlie) | 4:00-4:45 (Amanda) 6:15-6:55 (Amanda) |
| Super Star (55 min) 5 & 6 yr olds (advanced) | | 6:45-7:40 (Robyn) | 7:00-7:55 (Caitlin B) | 11:00-11:55 (Alexis) | | | 5:30-6:25 (Alex) |
| Acro (55 min) 7-15 yr olds (beginner) | 4:30-5:25 (Aly) 6:30-7:25 (Aly) | 4:30-5:25 (Lauran) 6:30-7:25 (MarCee) | 5:00-5:55 (Caitlin B) | 5:30-6:25 (Sumi) | 6:00-6:55 (Kayci) | 11:30-12:25 (Alex) | 4:00-4:55 (Gretchen) 6:00-6:55 (Gretchen) |
| Aerial (55 min) 7-15 yr olds (intermediate) | 5:30-6:25 (Aly) 7:30-8:25 (Aly) | 5:30-6:25 (Lauran) 7:30-8:25 (MarCee) | 4:30-5:25 (Mike & Lauran) 6:00-6:55 (Caitlin B) | 4:30-5:25 (Sumi) | 7:00-7:55 (Kayci) | 10:30-11:25 (Alex) | 5:00-5:55 (Gretchen) 7:00-7:55 (Gretchen) |
| Twister (85 min) 7-15 yr olds (advanced) | 4:30-5:55 (Lauran) | 5:00-6:25 (MarCee) 7:00-8:25 (Mike) | 7:00-8:25 (Sumi) | 4:45-6:10 (Lauran) | | 9:00-10:25 (Alex) | 6:30-7:55 (Alex) |
| Super Twister (115 min) 7-15 yr olds (x-tremely advanced) | | 6:30-8:25 (Lauran) | 5:00-6:55 (Sumi) | 6:30-8:25 (Sumi) | | | 5:00-6:55 (Emilie) |
| Elite Twister (115 min) 7-15 yr olds (by coach invite) | | 5:00-6:55 (Mike) | | | | | |
| Tumbling & Cheer (Boys & Girls) | | | | | | | |
| Tumbling 1 (55 min) 6-15 yr olds (beginner) | 4:30-5:25 (Kesha) | | 7:30-8:25 (Sarah) | 5:00-5:55 (Kesha) | | | |
| Tumbling 2 (55 min) 6-15 yr olds (intermediate) | 6:30-7:25 (Kesha) 7:30-8:25 (Caitlin C) | 7:30-8:25 (Sarah) | | 6:00-6:55 (Kesha) | | 11:00-11:55 (Sumi) | |
| Tumbling 3 (55 min) 6-15 yr olds (must have back handspring) | 7:30-8:25 (Kesha) | | | 7:00-7:55 (Kesha) | | | 7:00-7:55 (Emilie) |
| Back Handspring (55 min) 8 and up | | | | 7:30-8:25 (Tara & Lauran) | | | 7:00-7:55 (Amanda) |
| Recreational Cheer (55 min) 6-12 yr olds | 5:30-6:25 (Kesha) | | | 4:15-5:10 (Tara) | | | |
| Other Recreational Gymnastics | | | | | | | |
| Boys (55 min) 5-10 yr olds | | 4:00-5:00 (Mike) | | 11:00-11:55 (Mike) | | | |

*Please be advised that class dates, times & instructors are subject to change based on enrollment numbers.

CONTINUOUS ENROLLMENT

Enroll at any time!

Monthly tuition is pro-rated based on your start date. Classes fill on a first to sign up basis.

MONTHLY TUITION

Parent Tot: \$ 45
40 minutes: \$ 68
55 minutes: \$ 75
85 minutes: \$ 95
115 minutes: \$115

Sibling Discount: 10% off
2nd Class Discount: 40% off
3rd Class Discount: 50% off

ANNUAL FAMILY MEMBERSHIP FEE

\$50

DAYTIME OPEN GYM

8/23/17 – 5/17/18 (school year only)
Wednesdays & Thursdays 12:00-1:30pm
Cost: \$5 (siblings \$4)

(15 months & up. Children must be accompanied by an adult.)
NON-MEMBERS WELCOME!

FRIDAY NIGHT OPEN GYM

Join us every week! (all year long)
Fridays 8:00-10:00pm
Cost: \$10

(ages 7 & under must be accompanied by an adult)
NON-MEMBERS WELCOME!

BIRTHDAY PARTIES

Have a blast with an X-Treme Party!
Parties are supervised by our experienced and enthusiastic coaches. Enjoy open gym time & organized games. Play on our trampoline & in our huge foam pit!
GYMX-TREME.COM/BIRTHDAY-PARTIES