

**Class Schedule  
Summer Session  
June 7th - Aug. 21st**



6810 Thrush Drive  
Canal Winchester, OH  
Ph: 614-920-6220  
www.gymx-treme.com

CLASS	MON	TUES	WED	THUR	FRI	SAT
<b>Preschool</b>						
<b>Little Dippers (30 min)</b> Under 2 yrs						10:00-10:30
<b>Twinkle Little Stars (45 min)</b> 2 yrs old	9:00-9:45	6:00-6:45		<del>5:45-6:30</del>		
<b>Shining Stars (50 min)</b> 3 yrs old	<del>10:00-10:50</del>	<del>6:00-6:50</del>	10:00-10:50	5:00-5:50		
<b>Bright/Future Stars (50 min)</b> 4 & 5 yrs	12:00-12:50	<del>6:00-6:50</del>	11:00-11:50 <del>6:00-6:50</del>	<del>10:00-10:50</del>		<del>9:00-9:50</del>
<b>Rising Stars (1 hr)</b> 4 & 5 yrs (Advanced)	<del>6:00-7:00</del>	5:00-6:00				
<b>Training Stars (2 hr)</b> (Invitation Only)			11:00-12:00	11:00-12:00		
<b>Girls Recreational Gymnastics</b>						
<b>Acro (1 hr)</b> 6 and up (Beginner)	<del>10:00-11:00</del> <del>6:00-7:00</del>	<del>5:00-6:00</del>		7:00-8:00		<del>12:00-1:00</del>
<b>Aerial (1 hr)</b> 6 and up (Intermediate)	<del>10:00-11:00</del>	6:00-7:00				
<b>Twister (1 1/2 hr)</b> 6 and up (Advanced)			9:00-10:30	<del>6:00-7:30</del>		
<b>Jr. Trainers (2 hr)</b> (Invitation Only)	9:00-10:00			10:30-11:30		
<b>Tumbling &amp; Cheer</b>						
<b>Tumbling I (1 hr)</b> 6 and up (Beginner)		7:00-8:00		6:00-7:00		
<b>Tumbling II (1 hr)</b> (By coach approval)	5:00-6:00			6:30-7:30		
<b>Advanced Tumbling (1 hr)</b> (Invitation Only)				7:30-8:30		
<b>Tramp &amp; Tumble I (1 hr)</b> 6 and up (Beginner)	7:00-8:00					
<b>Tramp &amp; Tumble II (1 hr)</b> (By coach approval)		7:00-8:00				
<b>Back Handspring (1 hr)</b> 6 and up	<del>6:00-7:00</del>		7:00-8:00			
<b>Cheer Stars (1 hr)</b> 5 - 7 yr olds			10:00 - 11:00			
<b>Cheer Tumble (1 hr)</b> 7 - 10 yr olds		5:00-6:00				
<b>Advanced Cheer Tumble (1 hr)</b> 10 and up			12:00-1:00			
<b>Dancing Tumbler (1 hr)</b> (By coach approval)				10:30-11:30		
<b>Boys Recreational Gymnastics &amp; Fitness</b>						
<b>Pre-K Boys (50 min)</b> 3 - 5 yr olds				12:00-12:50		
<b>Beginning Boys (1 hr)</b> 6 and up	11:00-12:00	7:00-8:00	10:30-11:30			
<b>All Star Fitness (1 hr)</b> 6 and up (Girls & Boys)				11:30-12:30		

**Kids Night Out Open Gym: \$10 (6 and up)  
Fridays from 8pm-10pm**